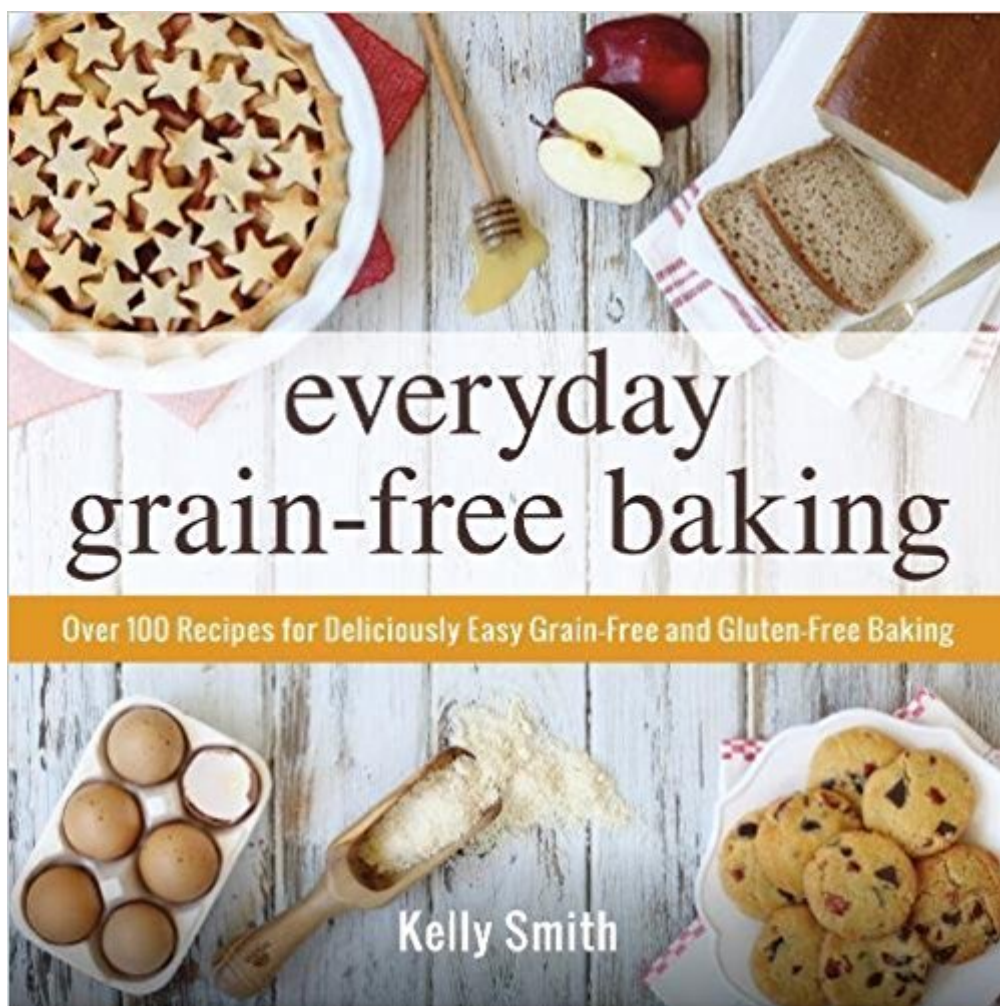


The book was found

Everyday Grain-Free Baking: Over 100 Recipes For Deliciously Easy Grain-Free And Gluten-Free Baking



Synopsis

Tasty, easy-to-make recipes for grain-free, dairy-free baking! Cinnamon Swirl Bread. Fruit and Nut Snack Bars. Deep Dish Apple Pie. With *Everyday Grain-Free Baking*, you can finally enjoy the baked goods that you've been missing! In this beautiful, easy-to-use cookbook, Whether you're grain-free or gluten-free, author and creator of The Nourishing Home blog Kelly Smith shows you how to create grain-free, dairy-free versions of all your favorite baked goods that are compatible with the most common grain-free diets. From breads, biscuits and muffins to savory snacks and decadent treats, you'll find step-by-step instructions for more than 100 delicious, grain-free and dairy-free recipes, including: Easy Everyday Bread Southern Style Biscuits Fluffy Almond Flour Pancakes Simple Garden Herb Crackers Blueberry Lemon Scones Raspberry Crumble Bars Strawberry Vanilla Custard Cake Don't give up the bakery staples you love--with these flavorful recipes, you can make delicious grain-free, dairy-free baked goods that your whole family will enjoy whether or not everyone is living a grain-free lifestyle!

Book Information

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Customer Reviews

Everyday Grain-Free is a wonderful tool and resource for any kitchen and can round-out even the most complete cookbook collection.... This book provides recipes and options to make sure you don't miss those favorite staples and treats. Breads, sweets and treats you can enjoy and feel good about." - Paleo Magazine "From the success of her blog, The Nourishing Home, Kelly Smith is determined to make it easy for everyone to enjoy bakery staples. Each recipe is surprisingly easy and totally decadent." - Clean Eating "Make recipes the whole family will rave about this holiday

season using author Kelly Smith's cookbook, Everyday Grain-Free Baking." --Simply Gluten Free Magazine

Kelly Smith is the author and creator of the popular grain-free lifestyle blog The Nourishing Home (www.thenourishinghome.com). Diagnosed with several autoimmune diseases, yet finding no relief from conventional medicine, she soon discovered the healing benefits of whole foods and began her blog to be a source of inspiration for others. Kelly's recipes are grain-free, gluten-free, and free of refined sugars and starches, with minimal to no dairy--making them appropriate for the most common grain-free lifestyles. With a passion for masterfully transforming everyday comfort foods into delicious grain-free creations, Kelly is on a mission to help individuals and families live a more nourished life.

This is the best grain-free cookbook! My son has Crohn's Disease and we changed his health with a grain-free/SCD diet. Since his diagnosis and healing from being malnourished and under weight I have been researching and buying every cookbook that would help me feed him well! I have bought and returned several of these cookbooks, but when I found this cookbook I was excited. I was ready to give up on the expensive ingredient baking recipes I had tried and most of which failed to be enjoyed by my family. Every recipe in the book has been fabulous and the whole family wants to eat these baked goods. I think the Snickerdoodles are the favorite thus far! I am so thankful to FINALLY have found a cookbook that makes baking grain-free simple while tasting fantastic.

I have only tried the recipes for muffins, pancakes, and waffles. They are VERY good. The chocolate banana muffins are outstanding! I would love to try the recipes for bread and sandwich rounds, but they require large amounts of cashew butter, which is expensive.

Very nice yum recipes. I just made the basic bread and the banana loaf and they were great. The only problem is most of the recipes require almond flour and that is very expensive in NZ. I thought there would be more variety of ingredients.

Product is of very good quality and an average price. Shipped and received as expected. Great recipes and I use this all the time for my Gluten Free Breads. They taste much better than expected.

This is the best grain-free cookbook I've found.

This book looks so,yummy for my new lifestyle change of,eating

I can't say enough about this cookbook. So many wonderful recipes and so healthy yet ubelieveably delicious! Have made 5 or 6 recipes and intend on making them all! Thank you Kelly for your time in working these recipes out! My recommendation is buy it now you won't regret it!

Everyday Grain-Free Baking is a collection of more than 100 grain-free, starch-free and dairy-free recipes for everything from bread, biscuits and scones to breakfast treats, snacks and desserts. Where many cookbooks focus on main dishes, starters and sides, this book fills in the gaps with grain-free versions of your favorite baked good comfort foods without the use of empty-calorie starches. Every recipe that I've made lives up to Kelly's promise of it being so good, even my non-GF friends and family enjoy the recipes "I've made these recipes and they are so good, even my non-GF friends and family enjoy the recipes" making this book a definite must-have for anyone who is looking for grain-free baked goods that are easy to make and delicious

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